



# POST-SURGERY GUIDELINES PART-1

## 1 Eye Drop Schedule and timing

Follow the prescribed eye drops and medications strictly as per the Dr Anurag Agarwal's instructions



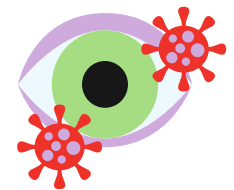
## 2 Avoid Rubbing Eyes

Refrain from touching or rubbing your eyes, as this can increase the risk of infection or dislodging the intraocular lens.



## 3 Protection from Infection

Prevent water or soap from entering the operated eye. Use a protective shield while bathing and avoid swimming for a few weeks.



## 4 Limit Strenuous Activities

Avoid heavy lifting, bending, or engaging in strenuous exercises that could strain the eyes.



## 5 Eye Protection

Wear sunglasses to shield your eyes from bright sunlight and dust particles when outdoors.





# POST-SURGERY GUIDELINES PART-2

## 1 Rest and Recovery

Get ample rest for the first few days after surgery. Avoid straining your eyes by reading or watching screens for extended periods



## 2 Hygiene:

Maintain good hygiene by washing your hands thoroughly before touching your eyes or applying eye drops.



## 3 Follow-ups:

Attend all scheduled follow-up appointments with your eye doctor to monitor healing progress and address any concerns.



## 4 Eye Shield at Night:

Wear the protective eye shield provided by the surgeon while sleeping for a few days to prevent accidental rubbing.



## 5 Avoid Direct Water Contact:

Refrain from letting water directly enter your eyes while washing your face or taking a shower.



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